

***American Board of Laser Surgery’s (ABLS)
 Written Examination for Advanced Estheticians***
Revised: April 1, 2020
136 Multiple Choice Questions - 4 Hour Time Limit

Domains:	Number of Questions on Examination:
Anatomy, Physiology, and Histology of Skin	11
Diseases and Disorders of the Skin	9
Safety, Infection Control	14
Oregon Administrative Rules and Revised Statutes	5
American National Standard for Safe Use of Lasers (ANSI)	4
IPL	8
Lasers	8
Plasma	2
Nonablative Lasers	6
Nano-Picosecond Lasers	4
Aesthetic Radiofrequency	4
Aesthetic Ultrasound	2
Cryolipolysis	2
Microwaves	2
Light Energy Hair Removal	10
Photo Rejuvenation Dyschromia	9
Skin Rejuvenation	9
Cellulite Reduction	6
Body Contouring	10
Nonablative Tattoo Removal	11
	Total = 136

Passing the written examination requires a score of at least 75%

ADVANCED AESTHETICIAN EXAMINATION REFERENCE SOURCES

Aesthetics Books:

Milady Aesthetician Series, Laser and Light Therapy, Pamela Hill R.N. and Patricia Owens, R.N., Cengage Learning, 2009.

A Compendium for Advanced Aesthetics, A Guide for the Advanced or Master Aesthetician, Mary Nielsen, Friesen Press, 2017.

Anatomy and Physiology, Chapter 5 - The Integumentary System, Open Stax, Rice; 2017.

Visit <https://openstax.org/books/anatomy-and-physiology-2e/pages/5-1-layers-of-the-skin> OR download from ABLs site at www.americanboardoflasersurgery.org/oregon-exam.html

Lasers and Light, Procedures in Cosmetic Dermatology; 3rd ed., Hruza & Avram eds.; Elsevier, 2013.

Standards:

ANSI Z136.3 – 2018; American National Standard for Safe use of Lasers in Health Care

Oregon Revised Statutes and Oregon Administrative Rules:

<https://www.oregon.gov/oha/PH/HLO/Pages/Board-Certified-Advanced-Estheticians-Laws-Rules.aspx>

Oregon Revised Statutes: Chapter 676, Division 630-660

Oregon Administrative Rules: Chapter 819, Division 005-050

Examination originally implemented: January 1, 2018

Revised: April 1, 2020

Examination Domain Source Reference Information

Domain #	Exam Domains	Number of Questions	“Nielsen” Chapters	“Milady” Chapters	“Lasers & Lights” Chapters	Additional Sources
1.0	Anatomy, Physiology, Histology of the Skin	11	3			“Anatomy”, CH 5
2.0	Diseases and Disorders	9	4			
3.0	Safety, Sanitation, and Infection control	10	6	11		
4.0	Oregon Administrative Rules and Revised Statutes	5				“OAR / ORS”
7.0	ANSI Standards for Safe Use of Lasers	8	6	11		“ANSI” Z136.3 - Lasers
1.0,2.0,3.0,4.0 & 7.0 Domain Sub-Total		43				

8.0	Treatment Technologies					
8.1	IPL	8	5,11	1,11		
8.2	Lasers	8	5	1,4		
8.3	Plasma (PRP)	2			7	
8.5	Non-ablative Fractional Collagen Induction	6	17	6	6	
8.6	Nano-/Picosecond Lasers (Q-switched)	4			3	
8.8	Aesthetic Radio Frequency	4	12,14		9	
8.9	Aesthetic Ultrasound	2	13,15			
8.11	Cryolipolysis	2	12			
8.12	Microwaves	2	5			
8.0 Domain Sub-Total		38				

9.0	Treatment Modalities					
9.1	Light Energy Hair Removal	10	7		4	
9.2	Photo-rejuvenation / Dyschromia Reduction	9	3	9,10	5	
9.3	Skin Rejuvenation	9	9,11,14,17		5	
9.4	Cellulite Reduction	6	13	4, 113-115		
9.5	Body Contouring	10	12	4, 113-115		
9.6	Non-ablative Tattoo Removal	11	8		3	
9.0 Domain Sub-Total		55				

TOTAL QUESTIONS ON EXAMINATION 136

Domain Source – References

- ❖ Milady Aesthetician Series, Laser and Light Therapy, Pamela Hill R.N. and Patricia Owens, R.N., Cengage Learning, 2009 – Referred to as **“Milady’s”**.
- ❖ A Compendium for Advanced Aesthetics, A Guide for the Advanced or Master Aesthetician, Mary Nielsen, Friesen Press, 2017 – Referred to as **“Nielsen”**.
- ❖ Anatomy and Physiology, Chapter 5 - The Integumentary System, Open Stax, Rice; 2017 – Referred to as **“Anatomy”**.
- ❖ Lasers and Light, Procedures in Cosmetic Dermatology; 3rd ed., Hruza & Avram eds.; Elsevier, 2013 – Referred to as **“Lasers & Lights”**.
- ❖ ANSI Z136.3 – 2018; American National Standard for Safe use of Lasers in Health Care – Referred to as **“ANSI”**.
- ❖ Oregon Administrative Rules and Oregon Revises Statutes – Referred to as **“OAR/ORS”**.