

# COSMETIC LASER & AESTHETICS CENTER

## Consent for IPL Treatment

I understand that the IPL System is intended for Photorejuvenation, benign vascular and pigmented lesions, and/or permanent hair reduction and that clinical results may vary in different skin types. There are several alternatives to treatment including but not limited to other laser treatments, chemical peels, radiofrequency treatments, or no treatment at all.

I understand that the possible risks of the procedure include pain, bruising, swelling, redness, itching, skin inflammation or irritation (dermatitis), allergic reaction, scarring, blistering, hypopigmentation, hyperpigmentation, mottling of skin vascularity and pigmentation, and other unforeseen complications. Burns, ulcers and scarring, temporary or permanent, are possible but unlikely. I understand that a single procedure will most likely fail to remove all my unwanted pigment, vascular or pigmented lesions, or hair in the area treated. Multiple treatments are required. Individual response will vary according to skin types, hair color, degree of tanning, follow up care, and the body area being treated. Eye injury is possible but unlikely, providing complete eye protection is properly used throughout laser treatment sessions.

I understand the treatment may be painful, but this is typically manageable without any pain medication. Color changes, such as hyperpigmentation (brown/red discoloration) or hypopigmentation (skin lightening), may occur in treated skin. This may take several months to resolve, if at all. Unprotected sun exposure in the weeks following treatments is contraindicated as it may cause or worsen this condition. Blistering of the skin may occur. Scarring is uncommon but may occur.

Based on the experience of many other physicians we have found that those people who tend to sunburn rather than tan usually obtain good results on the first and subsequent visits. On the other hand, those who tan more easily tend to have more variation in their results. Some patients in this category will experience partial results and some will experience no improvement at all.

I certify that I do not have any of the following conditions which are **CONTRAINDICATIONS** to laser treatment: history of melanoma, raised moles, suspicious lesions, keloid scar formation, healing problems, active infections, open lesions, hives, herpetic lesions, cold sores, tattoos or permanent make-up in area of treatment, recent use of Accutane, tetracycline, or St. John's wort in the last year, autoimmune diseases such as Lupus, Scleroderma, Vitiligo. I certify that I am not pregnant, trying to get pregnant, or nursing. I have informed my physician of my recent sun exposure and if I have had any, I understand the risks of skin discoloration with treatment.

I understand that the treatment by the IPL system involves payment, and the fee structure has been fully explained to me.

With this in mind, I am choosing to try IPL non-invasive treatment for Photorejuvenation, vascular, pigmented lesions and/or permanent hair reduction.

\_\_\_\_\_ Initial that you have read and understand this page

I give permission for any pictures or videotape taken of me may be used for either teaching or publication, if considered appropriate \_\_\_\_\_(YES); \_\_\_\_\_(NO).

I give permission for my pictures to appear in Skin's photo album and website for other potential patients to view \_\_\_\_\_(YES); \_\_\_\_\_(NO).

I have been given the opportunity to ask questions about my condition and the treatment, alternative forms of treatment, risks of non-treatment, the procedures to be used, and the risks and hazards involved, and I have sufficient information to give this informed consent. I certify that I have completely read the above form and the form has been fully explained to me, and I understand its contents. I understand that every effort will be made to provide a positive outcome, but that there are no guarantees.

I understand the procedure and risks (temporary and/or), and accept the risks, and request that this procedure be performed on me by the doctor or other qualified staff.

I have been given pre- and post-procedure instructions and I understand them. If I have any questions, concerns, or signs of problems (prolonged redness, swelling, blistering, burns, ulcers, pain, signs of infection or other), I will immediately contact Skin and Dr. at the office or on Dr. 's cell phone

\_\_\_\_\_  
Signature of Patient

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Physician

\_\_\_\_\_  
Date

\_\_\_\_\_Initial that you have read and understand this page





## Pre & Post-Care Instructions for IPL Photorejuvenation

### Pre-Care Instructions:

- The following conditions which are CONTRAINDICATIONS to treatment: history of melanoma, raised moles, suspicious lesions, keloid scar formation, healing problems, active infections, open lesions, hives, herpetic lesions, cold sores, tattoos or permanent make-up in area of treatment, recent use of Accutane, tetracycline, or St. John's wort in the last year, autoimmune diseases such as Lupus, Scleroderma, Vitiligo, pregnancy, trying to get pregnant, or nursing.
- Do not tan or use self tanner in areas to be treated for 4 weeks prior.
- Avoid any irritant chemical, soaps, lotions to area for the week prior.
- Wear long hair in a ponytail, away from face and neck. Come without makeup.

### Post-Care Instructions:

- Use the Avene SOS Kit (instructions in the kit) or Avene cicalfate and products as instructed. Some redness and swelling is normal and may feel similar to a sunburn. This should resolve in a few days to a week. Some people may react more and have redness up to a month or longer. Notify Dr. if it persists longer than a few days.
- During the next week, you may develop a fine crust/rugburned look. **DO NOT PICK AT THEM.** This may last for several days to weeks. Keep area moist and clean. Vinegar/water soaks will help with the itching, skin sloughing, and cleansing.
- For spider veins: bruising is very common. This is a good sign, this does not mean it is worse! However, the lack of bruising does not mean that the vessel was missed!
- Small blisters may occur. Keep area clean. Notify Dr. if this happens.
- You may apply cool compresses/ice for comfort.
- Gently clean the area twice daily with mild cleanser. Aloe gel can also be used.
- Avoid irritants (glycolics, acid, retinoids, etc.) until all redness/swelling resolves.
- Moisturizers may be used if they do not sting when applied.
- Apply Sunblock (with zinc) for at least six weeks if not for your lifetime!
- Shaving should be avoided until comfortable. Begin with light shaving.
- Avoid strenuous exercise for the day as sweating may sting.
- Make-up may be used as long as skin is not broken or irritated.

Notify Dr. if you have any questions, concerns, problems.

I understand the above instructions. I understand the risks and signs of side effects and complications such as severe redness, swelling, blistering, burns, ulcers, pain, or signs of infection and I will call the office and Dr. immediately if I have any questions or concerns.

**Initial** \_\_\_\_\_

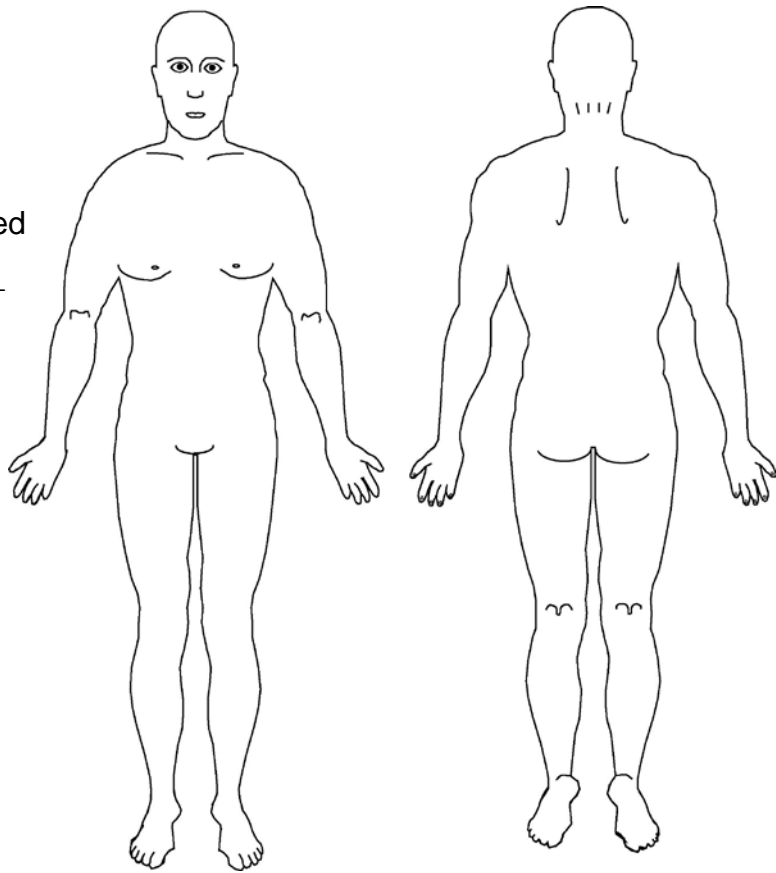
# COSMETIC LASER AND AESTHETICS CENTER

## IPL/SVT/Lamprobe Treatment Patient Record

<b>Patient Name and ID:</b>	
<b>Practitioner:</b>	<b>Date:</b>
<b>Laser/IPL System Used:</b>	<b>Fitzpatrick Skin type:</b>
<b>Other:</b>	

- Photographs**
- Patient Consent
- Eye protection
- Test Spot performed

Anesthesia \_\_\_\_\_



Date	Treatment Area	Fluence J/cm <sup>2</sup>	Wave-length	# of Pulses/Shot	Comments/Post-OP Assessment/Signature
Photographs					
					Signature column states patient has been informed of post care and warning signs



## Lumenis One Rosacea Settings

Normal skin prep and test spot procedure. Fitz skin type I-III most common. Skin IV, use lower fluence. When applying light, be sure to not 'miss' a spot as the energy from the sapphire crystal drops straight down on the skin with only about a 2mm scatter (average 60 shots on the face per pass). Three passes using the following:

Pass 1 -	640 Filter	19 joules	triple pulse (4ms pulse duration, 40ms delay)
Pass 2 -	590 Filter	20 joules	triple pulse (3ms pulse duration, 35ms delay)
Pass 3 -	560 Filter	18 joules	triple pulse (3ms pulse duration, 30ms delay)

Thoughts: This science behind this protocol hits three depth levels both increasing collagen production, treating medium, and shallow vascularities. The results are supposed to me markedly improved. This is saying something considering the 'old' way worked wonders as well!